



SEPTEMBER | 2018

Francis Reh Academy - Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4 Beef Nachos Garden Salad Refried Beans Mixed Fruit Choice of Milk Welcome Back!!!	5 Chicken Drumstick Mashed Potatoes Broccoli Sliced Peaches Choice of Milk	6 Flatbread Pizza Wedges Peas and Carrots Diced Pears Choice of Milk	7 Chicken Tacos Red Beans Brown Rice Fruit Cocktail Choice of Milk
10 Meat Ball Sub Green Beans Corn Banana Choice of Milk	11 Goulash Kidney Beans Spinach Diced Peaches Choice of Milk	12 Chicken Pretzel Slider Romaine Salad Sliced Carrots Applesauce Choice of Milk	13 Sloppy Joe on Bun Green Beans Sweet Potato Fries Mixed Fruit Choice of Milk	14 BBQ Pork Rib on Bun Mashed Potato Baked Beans Fruit Mix Choice of Milk
17 Chicken Fajita Diced Carrots Garden Salad Diced Pears Choice of Milk	18 Chicken Stir Fry Brown Rice Navy Beans Diced Peaches Choice of Milk	19 Chicken Alfredo Spinach Green Peas Mixed Fruit Choice of Milk	20 Spaghetti w/ Meat Sauce Corn Broccoli Applesauce Choice of Milk	21 Bosco Sticks Marinara Sauce Refried Beans Tater Tots Sliced Apples Choice of Milk
24 Chicken Nachos Celery Refried Beans Sliced Peaches Choice of Milk	25 Cheeseburger w/ Bun Baked Beans Fries Fruit Cocktail Choice of Milk	26 Chicken Drum Stick Cabbage Diced Carrots Applesauce Choice of Milk	27 Grilled Cheese Sandwich Tomato Soup Green Beans Banana Choice of Milk	28 Turkey Burger w/ Bun Broccoli Bites Wedges Mixed Fruit Choice of Milk HALF DAY

News

September 4th, 2018
First Day of School!!!

September 28th, 2018
Half-Day

*Menu is subject to change based upon item availability

Lunch Milk options include:
Milk options include:
1% Regular Milk
Fat Free Chocolate Milk
Fat Free Strawberry Milk
(Middle School Only)

Dinner is served in the classroom from 3:35 p.m. until 3:50 p.m.

USDA is an equal opportunity provider.