



OCTOBER | 2018

Francis Reh Academy - Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Beef Nachos Garden Salad Refried Beans Mixed Fruit Choice of Milk	2 Flatbread Pizza Romaine Lettuce Peas and Carrots Diced Pears Choice of Milk	3 Meat Ball Sub Green Beans Mashed Potatoes Banana Choice of Milk	4 Chicken Stir Fry Red Beans Corn Brown Rice Fruit Cocktail Choice of Milk	5 Chicken Pretzel Slider Broccoli Diced Carrots Sliced Peaches Choice of Milk
8 Chicken Alfredo Breadstick Broccoli Diced Carrots Mixed Fruit Choice of Milk	9 Bosco Stick Marinara Sauce Refried Beans Tater Tots Sliced Apples Choice of Milk	10 Chicken Fajita Diced Carrots Garden Salad Diced Pears Choice of Milk	11 Cheeseburger w/ Bun Baked Beans Fries Fruit Cocktail Choice of Milk	12 Spaghetti w/ Meat Sauce Corn Okra Applesauce Choice of Milk HALF DAY
15 Cheese Pizza Broccoli Bites Wedges Mixed Fruit Choice of Milk	16 Grilled Cheese Sandwich Tomato Soup Red Beans Banana Choice of Milk	17 Chicken Noodle Soup White Beans Kale Applesauce Choice of Milk	18 Sloppy Joe on Bun Garden salad Sweet Potato Fries Mixed Fruit Choice of Milk	19 Chicken Chili Green Beans Corn Mixed Fruit Choice of Milk
22 Taco Salad Corn Refried Beans Sliced Peaches Choice of Milk	23 Bosco Sticks Marinara Sauce Baked Beans Fries Fruit Cocktail Choice of Milk	24 Drumstick Normandy Blend Spinach Applesauce Choice of Milk	25 Chicken Nachos Diced Carrots Garden Salad Banana Choice of Milk	26 Ham and Cheese Croissants Yams Collard Greens Fruit Cocktail Choice of Milk HALF DAY
29 Cheeseburger Macaroni Romaine Blend Pears Corn Bread WG Choice of Milk	30 Meat Ball Sub Green Beans Mashed Potatoes Banana Choice of Milk	31 Flatbread Pizza Romaine Lettuce Peas and Carrots Diced Pears Choice of Milk		

News

October 12th, 2018
Half-Day

October 26th, 2018
Half-Day

*Menu is subject to change based upon item availability

Lunch Milk options include:
Milk options include:
1% Regular Milk
Fat Free Chocolate Milk
Fat Free Strawberry Milk
(Middle School Only)

Dinner is served in the classroom from 3:35 p.m. until 3:50 p.m.

USDA is an equal opportunity provider.