



# NOVEMBER | 2018

## Francis Reh Academy - Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Flatbread Pizza Romaine Lettuce Peas and Carrots Diced Pears Choice of Milk	2 Chicken Fajita Diced Carrots Garden Salad Diced Pears Choice of Milk
5 Cheeseburger w/ Bun Baked Beans Fries Fruit Cocktail Choice of Milk	6 Chicken Pretzel Slider Broccoli Diced Carrots Sliced Peaches Choice of Milk	7 Chicken Alfredo Peas and Carrots Diced Peaches Breadstick WG Choice of Milk	8 Sloppy Joe on Bun Carrots Fruit Mix Goldfish Crackers Choice of Milk	9 <b>NO SCHOOL</b>
12 Chili Green Beans Mixed Fruit Goldfish Crackers Choice of Milk	13 Goulash Baby Carrots Diced Peaches Strawberry Cookie WG Choice of Milk	14 Drumstick Normandy Blend Spinach Applesauce Choice of Milk	15 BBQ Beef Sandwich Spicy wedge Fries Garden Peas Banana Choice of Milk	16 Spaghetti w/ Meat Sauce Breadstick Yams Strawberry Cookie WG Choice of Milk
19 Chicken Noodle Soup Saltine Crackers Garden Salad Peaches Breadstick Choice of Milk  <b>HALF DAY</b>	20 Turkey w/ Gravy Mashed potato Fruit Mix Corn Bread Snack Choice of Milk  <b>HALF DAY</b>	21 <b>THANKSGIVING BREAK NO SCHOOL</b>	22 <b>THANKSGIVING BREAK NO SCHOOL</b>	23 <b>THANKSGIVING BREAK NO SCHOOL</b>
26 Bosco Stick Marinara Sauce Refried Beans Tater Tots Sliced Apples Choice of Milk	27 Beef Nachos Garden Salad Refried Beans Mixed Fruit Choice of Milk	28 Grilled Cheese Sandwich Tomato Soup Red Beans Banana Choice of Milk	29 Chicken Stir Fry Red Beans Corn Brown Rice Fruit Cocktail Choice of Milk	30 Ham and Cheese Croissants Yams Collard Greens Fruit Cocktail Choice of Milk

### **News**

**November 9<sup>th</sup>**  
**NO SCHOOL**

**November 19<sup>th</sup> & 20<sup>th</sup>**  
**HALF DAY**

**THANKSGIVING BREAK**  
**November 21<sup>st</sup> - 23<sup>rd</sup>**  
**NO SCHOOL**

\*Menu is subject to change based upon item availability

Lunch Milk options include:  
1% Regular Milk  
Fat Free Chocolate Milk  
Fat Free Strawberry Milk  
(Middle School Only)

Lunch is served in the cafeteria from 10:30 a.m. – 1:15 p.m.

USDA is an equal opportunity provider.