

# SEPTEMBER | 2021



## Francis Reh Academy - Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>30</b> WG Chicken Drumstick Normandy Blend Spinach Applesauce Corn Bread Snack Choice of Milk	<b>31</b> WG Tortilla Chips Taco Salad Corn Refried Beans Sliced Apple Choice of Milk	<b>1</b> Cheeseburger w/WG Bun Baked Beans Fries Fruit Cocktail Choice of Milk	<b>2</b> WG Pasta Chicken Alfredo Green Beans Diced Carrots Diced Peaches Breadstick WG Choice of Milk	<b>3</b> <b>NO SCHOOL</b>
<b>6</b> <b>NO SCHOOL</b>	<b>7</b> WG Tortilla Chips Beef Nachos Garden Salad Refried Beans Mixed Fruit Choice of Milk	<b>8</b> BBQ Pork Rib w/WG Bun Spicy wedge Fries Peas Diced Pears Choice of Milk	<b>9</b> Chicken Chili WG Goldfish Crackers Green Beans Banana Choice of Milk	<b>10</b> WG Mini Pepperoni Pizza Broccoli Diced Carrots Sliced Peaches Choice of Milk
<b>13</b> WG Spaghetti w/Meat Sauce Breadstick Diced Carrots Broccoli Mixed Fruit Choice of Milk	<b>14</b> Meatball Subs w/WG Bun Mashed potato Green Beans Sliced Apples Choice of Milk	<b>15</b> WG Tortilla Chips Chicken Nachos Garden Salad Refried Beans Diced Peaches Choice of Milk	<b>16</b> Chicken Stir Fry w/WG Rice Red Beans Corn Applesauce Choice of Milk	<b>17</b> WG Flatbread Pizza Romaine Lettuce Peas and Carrots Diced Pears Choice of Milk
<b>20</b> Chicken Pretzel Slider w/WG Pretzel Bun Broccoli Diced Carrots Sliced Peaches Choice of Milk	<b>21</b> Chicken Fajita w/WG Tortilla Garden Salad Refried Beans Diced Pears Choice of Milk	<b>22</b> Sloppy Joe w/WG Bun Fruit Mix Green Peas Diced Carrots Goldfish Crackers Diced Peaches, Choice of Milk	<b>23</b> Ham and Cheese w/WG Croissant Romaine Salad Mashed Potatoes Fruit Cocktail Choice of Milk	<b>24</b> WG Pizza Calzone Garden Salad Corn Mixed Fruit Choice of Milk <b>HALF DAY</b>
<b>27</b> WG Cheese Bosco Sticks Marinara Sauce Refried Beans Tater Tots Sliced Apples, Choice of Milk	<b>28</b> WG Chicken Drumstick Normandy Blend Spinach Applesauce Corn Bread Snack Choice of Milk	<b>29</b> WG Tortilla Chips Taco Salad Corn Refried Beans Sliced Apples, Choice of Milk	<b>30</b> Cheeseburger w/WG Bun Baked Beans Fries Fruit Cocktail Choice of Milk	<b>1</b>

### News

\*Menu is subject to change based upon item availability.

Lunch Milk options include:

Milk options include:  
 1% Regular Milk  
 Fat Free Chocolate Milk  
 Fat Free Strawberry Milk  
 (Middle School Only)

USDA is an equal opportunity provider.