

NOVEMBER | 2021



Francis Reh Academy - Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 NO SCHOOL	2 WG Tortilla Chips Beef Nachos Refried Beans Mixed Fruit Choice of Milk	3 BBQ Pork Rib w/WG Bun Spicy wedge Fries Diced Pears Choice of Milk	4 Chicken Chili WG Goldfish Crackers Green Beans Banana Choice of Milk	5 WG Mini Pepperoni Pizza Broccoli Diced Carrots Sliced Peaches Choice of Milk
8 WG Spaghetti w/ Meat Sauce Breadstick Broccoli Mixed Fruit Choice of Milk	9 Meatball Subs w WG Bun Mashed potato Sliced Apples Choice of Milk	10 WG Tortilla Chips Chicken Nachos Garden Salad Refried Beans Diced Peaches Choice of Milk	11 Chicken Stir Fry w/WG Rice Corn Applesauce Choice of Milk	12 WG Flatbread Pizza Romaine Lettuce Peas and Carrots Diced Pears Choice of Milk HALF DAY
15 Chicken Pretzel Slider w/WG Pretzel Bun Romaine Salad Mix Sliced Peaches Choice of Milk	16 Chicken Fajita w/WG Tortilla Refried Beans Diced Pears Choice of Milk	17 Sloppy Joe w/ WG Bun Fruit Mix Green Peas Diced Peaches Choice of Milk	18 Ham and Cheese w/WG Croissant Romaine Salad Mix Fruit Cocktail Choice of Milk	19 WG Pizza Calzone Corn Mixed Fruit Choice of Milk
22 WG Cheese Bosco Sticks Marinara Sauce Sliced Carrots Sliced Apples Choice of Milk HALF DAY	23 Turkey w/Gravy Mashed potato Fruit Mix Corn Bread Snack Choice of Milk HALF DAY	24 NO SCHOOL Thanksgiving Break	25 NO SCHOOL Thanksgiving Break	26 NO SCHOOL Thanksgiving Break
29 WG Chicken Drumstick Spinach Applesauce Corn Bread Snack Choice of Milk	30 Cheeseburger w/WG Bun Fries Fruit Cocktail Choice of Milk	1	2	3

News

*Menu is subject to change based upon item availability

Lunch Milk options include:

Milk options include:
1% Regular Milk
Fat Free Chocolate Milk
Fat Free Strawberry Milk
(Middle School Only)

USDA is an equal opportunity provider.