

OCTOBER | 2019

Francis Reh Academy - Breakfast



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30	1 Waffles String Cheese Fruit Cup Juice Choice of Milk	2 French Toast String Cheese Fruit Cup Juice Choice of Milk	3 Sausage Biscuit String Cheese Fruit Cup Juice Choice of Milk	4 Bagel Stick String Cheese Juice Fruit Cup Choice of Milk HALF DAY
7 Lucky Charms Cereal Graham Crackers Juice Fruit Cup Choice of Milk	8 Cinnamon Pancakes String Cheese Juice Fruit Cup Choice of Milk	9 Pancakes String Cheese Fruit Cup Juice Choice of Milk	10 Waffles String Cheese Fruit Cup Juice Choice of Milk	11 French Toast String Cheese Fruit Cup Juice Choice of Milk
14 Cinnamon Toast Cereal Graham Crackers Juice Fruit Cup Choice of Milk	15 Sausage Biscuit String Cheese Fruit Cup Juice Choice of Milk	16 Bagel Stick String Cheese Juice Fruit Cup Choice of Milk	17 Cinnamon Pancakes String Cheese Juice Fruit Cup Choice of Milk	18 Pancakes String Cheese Fruit Cup Juice Choice of Milk HALF DAY
21 Lucky Charms Cereal Graham Crackers Juice Fruit Cup Choice of Milk	22 Waffles String Cheese Fruit Cup Juice Choice of Milk	23 French Toast String Cheese Fruit Cup Juice Choice of Milk	24 Sausage Biscuit String Cheese Fruit Cup Juice Choice of Milk	25 Bagel Stick String Cheese Juice Fruit Cup Choice of Milk
28 Cinnamon Toast Cereal Graham Crackers Juice Fruit Cup Choice of Milk	29 Cinnamon Pancakes String Cheese Juice Fruit Cup Choice of Milk	30 Pancakes String Cheese Fruit Cup Juice Choice of Milk	31 Waffles String Cheese Fruit Cup Juice Choice of Milk	1

News

October 4th
Half-Day

October 18th
Half-Day

*Menu is subject to
changed based upon
item availability

Breakfast Milk options
include:
1% Regular Milk
Fat Free Chocolate Milk

Dinner is served in the
classroom from
3:35 p.m. to 3:50 p.m.

USDA is an equal
opportunity
provider.